

Attachment Strategy Training

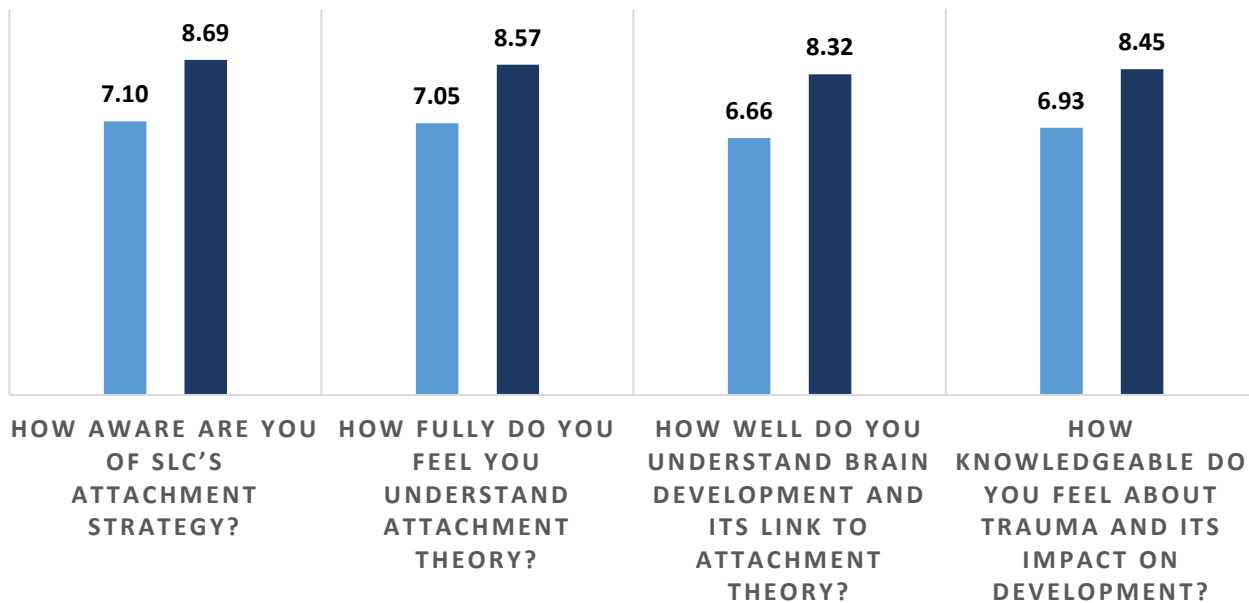
Attachment Strategy Training, Part 1

(Pledges 1 and 2)

Pre and Post-training Responses

ATTACHMENT STRATEGY TRAINING (PART 1)

■ PRE ■ POST



Self-reported ratings before and after training:

- Awareness of the Attachment Strategy increased by 1.59
- Understanding of attachment theory increased by 1.52
- Understanding of brain development and its link to attachment theory increased by 1.66
- Knowledge of trauma and its impact on development increased by 1.52

Attachment Strategy Training, Part 1

Post-training Ratings and Comments

96% of participants agreed that the Attachment Strategy Training increased their confidence in applying key messages from the training

99% of respondents agreed that the Attachment Strategy would help young people in their school

99% of respondents agreed that they would use the framework and key messages following the training

"I now have a better knowledge of the types of behaviours displayed by children experiencing attachment issues and what I can do within my classroom to support them."

"Helping all staff to understand that distressed behaviours require support and care and not discipline. The importance of relationships and this being highlighted to all staff is key for understanding our young people."

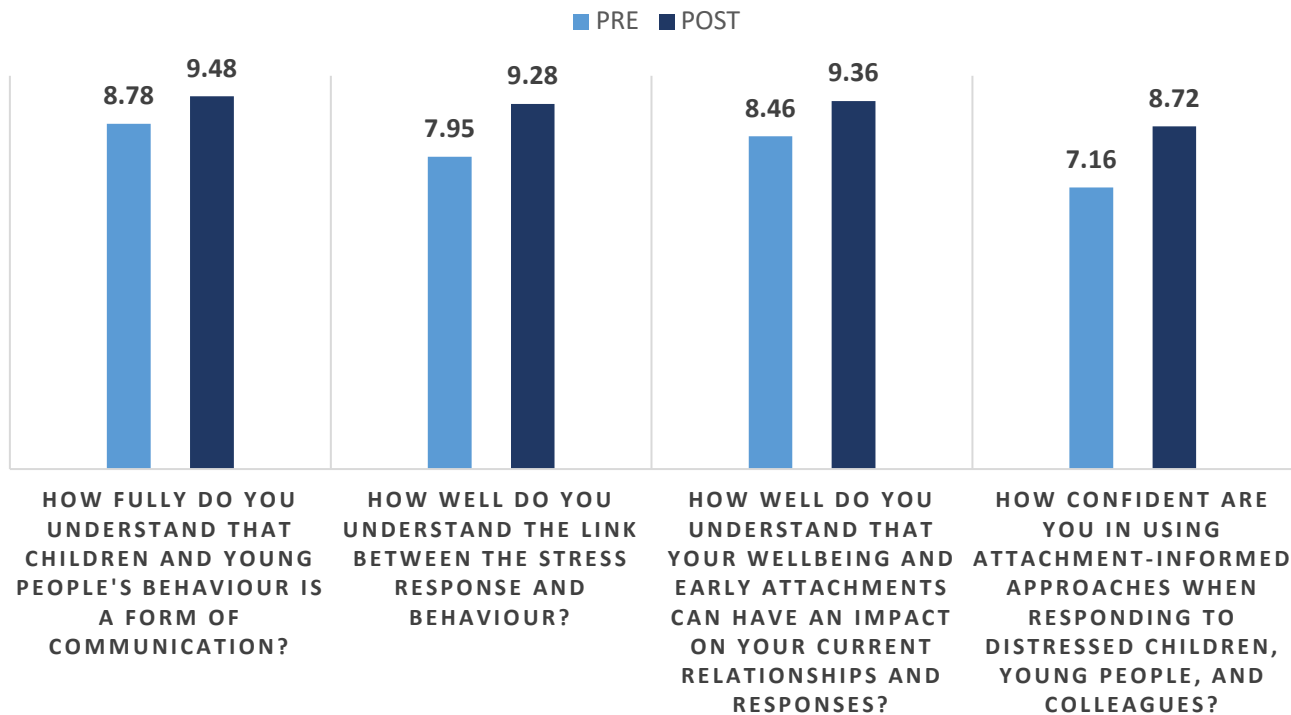
"I highly enjoyed all of the training today. I felt that there was a really clear message around the importance of attachment theory to help with class teachers understanding of why certain pupils behave and respond the way they do. I also found this highly useful in helping me to explain to pupils things such as "flipping their lid" and what is going on for them when this happens."

Attachment Strategy Training, Part 2

(Pledges 3 to 6)

Pre and Post-training Responses

ATTACHMENT STRATEGY TRAINING (PART 2)



Self-reported ratings before and after training:

- Understanding of children and young peoples' behaviour as a form of communication increased by 0.7
- Understanding of the link between the stress response and behaviour increased by 1.33
- Understanding that one's own wellbeing and early attachments can impact on current relationships and responses increased by 0.9
- Confidence in using attachment-informed approaches when responding to distressed children, young people and colleagues increased by 1.56

Attachment Strategy Training, Part 2

Post-training Ratings and Comments

99% of participants agreed that the Attachment Strategy Training increased their confidence in applying key messages from the training

100% of respondents agreed that the Attachment Strategy would help young people in their school

100% of respondents agreed that they would use the framework and key messages following the training

“Great to get so many helpful tips such as sentence starters and things to try in school. Loved the virtual classroom and looking forward to exploring more. Presentation was excellent. Thank you.”

“Just makes you think about response of young person and own experiences, reflecting on own practice and seeing this information and carrying it forward into my work going forward”

“It was helpful to understand that questioning the child won't help to reduce stress, I would always get down to their level and ask them how they are feeling. I better understand the importance of just giving them space. I would always try to bring them out with numerous strategies, will definitely try this.”