

# Report

Report to:	<b>Social Work Resources Committee</b>
Date of Meeting:	<b>8 May 2019</b>
Report by:	<b>Director, Health and Social Care</b>

Subject:	<b>Adult and Older People Day Services Review Proposal</b>
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## 1. Purpose of Report

1.1. The purpose of the report is to:-

- ◆ seek committee approval to review existing day services for adult and older people

## 2. Recommendation(s)

2.1. The Committee is asked to approve the following recommendation(s):-

- (1) that the content of the report is noted;
- (2) that the review of day services for adult and older people is noted; and
- (3) that, upon completion of the day services review, an update report be submitted to Committee with an associated action plan for consideration.

## 3. Background

- 3.1. South Lanarkshire Council (SLC) currently delivers a range of day services for both adults and older people within local communities. These services have traditionally been organised around a buildings based resource and are broadly similar in setup and delivery to other models which either continue to exist or previously existed across Scotland. The day service delivery model in South Lanarkshire has not significantly changed since the inception of SLC.
- 3.2. Day services are not universally accessed, with access being available to individuals with a certain level of social care need/vulnerability following a social work assessment. Day services provide an important function in supporting wellbeing, keeping people active and reducing social isolation. Whilst day services offer service users the opportunity to develop skills, abilities and interests, support is also offered to carers.
- 3.3. Within the Council registered day service estate, the majority of the facilities have either been newly built or refurbished in the last 15 years, therefore, the buildings based asset of the estate is in reasonably good condition. The Annual budget for registered day services in 2018/2019 totalled £8.42 million with a 50/50 split between adults and older people.

- 3.4. There are 19 SLC registered day service settings operating:
- 13 day services focussing primarily on older people aged 65+
  - 6 day services supporting adults with a learning disability
- 3.5. Council day service provision across both the adult and older people sectors are considered to be high performing as evidenced both by inspected grades awarded by the Care Inspectorate and feedback from service users and families. This user satisfaction has been externally acknowledged with day services for older people holding the Customer Services Excellence award.
- 3.6. Support services in the community are also provided through Community Support Teams based in local social work offices which support adults with a learning disability to access services and other community based supports. The Community Support Team service has a staffing component of £425,000.
- 3.7. Day service provision is also delivered through the independent sector. Analysis of commissioned and spot-purchased day services in 2018/2019 demonstrated costs of £0.6 million for older people, and £1.06 million for specialist day services for adults with multiple and complex needs.

#### **4. Rationale for consideration of review**

- 4.1. Shifting the Balance of Care and growing community assets is recognised as being both a national priority, and for South Lanarkshire Health and Social Care Partnership (SLHSCP). Through continued consultation activities, culminating in the South Lanarkshire Strategic Commissioning Plan 2019-2022 (SCP) and the Building and Celebrating Communities (BCC) agenda, the key themes based on the nine national health and wellbeing outcomes have, as a focus, on local services being provided and grown in response to local need. A review of day services will inform service development proposals at a locality level, involving locality engagement.
- 4.2. Similarly, in considering a number of recent and new policy directives, e.g. Self-Directed Support (SDS), the South Lanarkshire Prioritisation Framework and the Carers (Scotland) Act 2016, SLC day services will require to align with these demonstrating personalised service user outcomes. Through review of day services, the integration of new directives can be scoped and implemented, importantly ensuring future equity across service user groups and localities.
- 4.3. The day service review will examine the evidence around dependency levels and care characteristics of service users which have increased significantly since the inception of the traditional styles of day service to both older people and adults. Previously, some day services were specifically registered to support individuals with a diagnosis of dementia within the day service estate. However, given the increase in prevalence of dementia among individuals attending across all 13 of the Council's older peoples' day services, now more than 80% of service users attending day services are living with a dementia condition. Therefore, the staffing models and establishments agreed some 20 years ago now require review to address such needs and deliver flexibility in service provision going forward.

- 4.4. There is variability in day service provision, uptake and demand, e.g. service users attending day services also being supported additionally by workers from other care organisations and there is a variance in day service demand across localities with percentage use ranging between 56 to 69%. An overview of placement take up is detailed in Appendix 1.
- 4.5. The day service review will offer the opportunity to reflect upon both core requirements and unique characteristics of each locality. e.g. Clydesdale with one of the lowest locality populations (61,474), has one of the highest number of available registered placements across adults and older people day services at 1,040 weekly, where only 585 (56%) of these are currently utilised. However, further analysis also evidences other complications in the Clydesdale area where there is now no day service provision further south than Lanark, following the closure of Bield day care .Locality profile analysis will be a core feature of the day service review.
- 4.6. A further area for exploration will be transport, with the review examining the potential to develop how the asset base and transport resources could be utilised within an integrated and blended locality model of support service which offers increased flexibility and choice for service users and carers. Since mid-2017, there has been a co-location of both adults and older people's day services within the Lifestyles Stonehouse resource, leading to an evolving level of integrated delivery of services. Initial evaluation suggests that the potential of Integrated Day Service (IDS) promoted social cohesion between the users of different services and the wider community.
- 4.7. A pilot project in Clydesdale offering Intermediate Day Care (IDC) for older people was introduced during 2017, the purpose being to offer short term services to individuals recently discharged from hospital or who were at risk of hospital admission. Individuals were supported to set and achieve their own personal goals towards improving their overall health and wellbeing, with supported early intervention through intermediate day services. A formal evaluation of this project in September 2018 indicated this approach is worthy of further consideration and this would be considered within the day services review.
- 4.8. Neighbourhood Networks is a pilot project currently being tested in Lanark and East Kilbride localities running until June 2020. Neighbourhood Networks provides an opportunity for adults with a learning disability who are on the fringe of requiring formal supports, to be involved in a Network of friends and community opportunities at a local level. Information and learning from this pilot will inform the review.
- 4.9. In terms of day service workforce and the potential to build on an integrated day service agenda, consideration will be given to the variation in roles and remits between older and adult day service workers and a current job evaluation is underway which will assist in informing the review.
- 4.10. The scope of the review including consultations, considerations and elements to be reviewed are set out in Appendix 2.

## **5. Employee Implications**

- 5.1. There may be staffing implications resulting from a review, however, as yet these are unknown.

## **6. Financial Implications**

- 6.1. There may be financial implications resulting from a review. As yet, these are unknown but it is expected that this will remain within the same financial envelope.

## **7. Other Implications**

- 7.1. There are no additional risks associated with this report.
- 7.2. There are no sustainable development issues associated with this report.
- 7.3. There are no other issues associated with this report.

## **8. Equality Impact Assessment and Consultation Arrangements**

- 8.1. An equality impact assessment will be undertaken in relation to this review concurrent with the consultation activity noted at Appendix 2 since the outcome of any proposals following review may impact on some protected groups.
- 8.2. Consultation and engagement will be part of an ongoing process of engagement with all stakeholders.

**Val de Souza**  
**Director, Health and Social Care**

17 April 2019

### **Link(s) to Council Values/Objectives**

- Improve Health care and Wellbeing
- Deliver better health and social care outcomes for all
- Improve later life

### **Previous References**

None

### **List of Background Papers**

None

### **Contact for Further Information**

If you would like to inspect the background papers or want further information, please contact:-

Ian Beattie, Head of Health and Social Care

Ext: 3701 (Phone: 01698 453701)

Email: [ian.beattie@southlanarkshire.gov.uk](mailto:ian.beattie@southlanarkshire.gov.uk)

**Adult and older people day services attendance – at March 2019**

Locality	Service	Weekly registered placements	Weekly occupied placements
Clydesdale	McClymont	120	77
	MacLachlan	60	40
	Lesmahagow	60	56
	<b>Total OP</b>	<b>240</b>	<b>173 (72%)</b>
	Harry Smith	500	338
	Carluk	300	74
	<b>Total adults</b>	<b>800</b>	<b>412 (51%)</b>
	<b>combined totals</b>	<b>1,040</b>	<b>585 (56%)</b>
Hamilton	Nisbet	60	46
	Canderavon	60	43
	St Andrews	120	103
	Newberry	120	54
	Whitehill	60	55
	Jimmy Swinburne	120	65
	<b>Total OP</b>	<b>540</b>	<b>366 (68%)</b>
	Fairhill	300	197.5
	Stonehouse	300	122
	<b>Total adults</b>	<b>600</b>	<b>319.5 (53%)</b>
		<b>combined totals</b>	<b>1,140</b>
East Kilbride	Parkhall	120	67
	Meldrum	120	112
	Saltire	60	54
	<b>Total OP</b>	<b>300</b>	<b>233 (77%)</b>
	Murray Owen	300	179
	<b>Total adults</b>	<b>300</b>	<b>179 (60%)</b>
	<b>combined totals</b>	<b>600</b>	<b>412 (69%)</b>
Rutherglen	Harry Heaney	150	87
	<b>Total OP</b>	<b>150</b>	<b>87 (58%)</b>
	Eastfield	300	173 (57%)
	<b>Total adults</b>	<b>300</b>	<b>173 (57%)</b>
	<b>combined totals</b>	<b>450</b>	<b>260 (58%)</b>
<b>SLC wide</b>		3,230	1,942.5 (60%)

### Scope of the review

A plan to undertake the review will include detail and timescales on the following:-

#### Consultation:

- Service user and carer consultation
- Staff consultation
- Localities consultation
- GP communities and other community health services
- Localities profiling of service user groups and future projected populations
- Engagement with communities
- Engagement with the private, voluntary and third sectors
- Engagement with housing and property services

#### Proposed elements to be included in the review are:-

- All older people day care services
- All adult Lifestyle services
- Community Support Teams
- Commissioned services
- Purchased services for adults with complex needs
- The use of day services by tenants of sheltered and very sheltered accommodation

The review will also afford the opportunity to consider how health and social care integration could be embedded in a day service model and thus further contribute to the shifting the balance of care agenda.

This review will give consideration as to whether there may be benefit from obtaining an independent perspective to ensure objectivity and transparency. This would enable the opportunity for comparative research and benchmarking against other HSCP day service provision in a broader context.

It is anticipated that the review activity would report back its initial findings in December 2019 with theoretical service model options for consideration. Any implementation for future redesign would be undertaken in a subsequent phase following agreement on a preferred service model.