

<p>Actions to achieve (1): Counselling through Schools service set up in schools</p> <p>School staff are informed and supported to set up a Counselling through Schools service within their establishments.</p>	<p>All secondary schools have a Counselling through Schools service. Primary Schools, working in their Learning Community, have access to counselling services, when required.</p> <p>Schools are supported by Inclusion Officer/Educational Psychologist for any queries/support required.</p>
<p>Actions to achieve (2): Access to experienced counselling providers</p> <p>All schools have access to a variety of experienced counselling providers who operate safely and effectively Recruitment techniques, including sifting and interviewing.</p>	<p>Schools can access counsellors from 10 counselling providers, who have been rigorously assessed and evaluated by Inclusion Officer and Educational Psychologists.</p>
<p>Actions to achieve (3): Awareness of the Counselling through Schools service</p> <p>All children/young people aged 10 + in primary, secondary and ASN establishments are aware of, and know how to access, the Counselling through Schools service.</p> <p>Staff and parents/carers are aware of the service and know how to refer a child/young person.</p>	<p>All schools were issued with guidance and encouraged to raise awareness of the counselling support.</p> <p>Information is shared on school websites/social media, within personal, social, health and economic (PSHE) classes, parent meetings, pupil meetings, Educational Psychologist social media, school events, head teacher (HT) conferences.</p> <p>Multi-agency guidance was created regarding counselling supports for children and young people and shared with colleagues across education, health, social work, police.</p>

<p>Actions to achieve (4): Children and young people are supported Children and young people are supported by the counselling service and feel that it has had a positive impact on their wellbeing.</p>	<p>Feedback from children and young people , school staff, counsellors and parents indicates that the support is having a positive impact . Feedback from pupils highlights how they feel 'safe' and 'listened to'. Recent data highlights that the majority of pupils feel that counselling has improved their general mental health and wellbeing and that they feel better/happier.</p>
<p>Actions to achieve (5): Partnership working Work in partnership to further develop the service to ensure accessibility for all young people, with a particular focus on protected groups.</p>	<p>Secondary additional support needs (ASN) schools and supported bases have a budget to access counselling. Young people attending Aspire have a route to refer to counselling. Referral information shared with Social Work and Health colleagues.</p>