

COMMUNITY PAYBACK ORDER ANNUAL REPORT

FINANCIAL YEAR: **2022/23**

LOCAL AUTHORITY: **South Lanarkshire**



1) In this section, please give examples of work with people subject to CPOs specifically to **address offending behaviours and the risk of reoffending**. (Bullet points will suffice. Max 300 words.)

- A core intervention programme being delivered to those who have been convicted of non-domestic and non-sexual offences is the Structured Supervision Programme (SSP), which is a modular based programme which has been revised and adapted to enable focussed interventions on key factors such as problem solving and the introduction of the concept of cognitive behavioural therapy.
- Individuals who are subject to a CPO (who meet the required criteria) following conviction for a sexual offence will be supported to progress through the Moving Forward Making Changes (MFMC) programme.
- Individuals who are subject to a CPO because of domestic related offending (who meet the required criteria) will be supported to engage with the Caledonian programme.
- Additional aspects of intervention that have been provided include the “Road to Change” programme delivered by The Creative Change Collective, formerly known as Street Cones, are a team of experienced creative professionals who specialise in working to address social challenges across Scotland. They use anonymous drama and storytelling to help people bring about positive change in their lives through creative practices associated with film, theatre, and performance. The 12-week Road to Change programme encourages participants to draw on their own lived experience, whilst being guided through a range of creative activities that help build self-esteem, confidence, and life skills. The programme is aimed at adults working towards positive outcomes and destinations and can be offered as part of a community sentence.
- Regular internal review processes allow continuous and targeted discussions about the agreed action plan and allows consideration to be given to progress being made and key areas that require specific and bespoke interventions. These interventions are supported by supervising officers, peer support workers and any additional services required including health, recovery and other third sector support services within the local community.

2) In this section, please give examples of work with people subject to CPOs specifically to **address their underlying needs (e.g. mental health needs, substance use needs)**. (Bullet points will suffice. Max 300 words.)

- Justice Services and local ADP commissioned services work collectively (Beacon's, Turning Point Scotland, The GIVIT, My Support Day, Liber8, Equal Say, GCA, SACRO, and the Navigator Project) at supporting individuals in recovery and their families where alcohol and/or drug related difficulties are a contributory factor. We do this through joint assessment, interview and referral processes.
- Social workers within Justice Services will often conduct supervision sessions and appointments alongside the individual within community facilities where recovery networks and conversation café's etc are operational. This allows individuals to be supported to engage with additional activities, groups and sessions in conjunction with their CPO aimed at supporting their health and wellbeing. In addition, a local young person's hub created in Blantyre, provides an opportunity for young people to meet with their social workers and a range

of support services (E.G Skills Development Scotland, Who Care's and the GIVIT) in an environment they have helped create and develop.

- Additional examples of work being undertaken to support people with their individual needs includes art therapy work, anonymous drama sessions with the Creative Change Collective, provisions by our dedicated peer led women's hubs and targeted interventions and supports provided by our Justice workforce and partner agencies.
- The decider programme is operational within the DTTO service and our women's hubs, where facilitators use the programme to support people in relation to their mental health and wellbeing.
- Safety and stabilisation training (Level 3 trauma enhanced practice) has also been provided to a group of Justice staff and is being incorporated into practice.
- Justice support workers with a level of lived experience support individuals to engage with recovery communities in our area. These posts are now well embedded within our Justice teams.

3) In this section, please give a summary of feedback, may include quotes, from people subject to CPOs about the **impact on them of a Supervision Requirement**. (Bullet points will suffice. Max 300 words.)

- The investment in Justice Support Assistants (who have a level of lived experience) has been particularly well received with significant praise from several individuals.
- "I don't have any complaints; I enjoy the support and socialisation that the order brings."
- "It's been very positive because I'm getting the help I need now"
- "There's been a lot more involvement from Social Work when I got out (of prison) than in the past."
- "There have been a lot of positives (from being on an Order) – I have now gained employment; I've been off drugs for 11 months, I'm in a steady relationship and I have my own home. I just needed someone to believe in me."
- "It's been a lifeline that I never thought I needed. Before I was on the order, I felt very isolated, I didn't know where to turn for help. Once I got my Social Worker and my Peer Mentor, you guys have been my saving grace. You pointed me in the right direction of services and I'm on the road to recovery now."
- "I feel like I can turn to you guys (Social Worker and Support Worker) for anything in my life and it feels good to say that."
- "I think I get good support from both my workers and would like to continue working with them both."
- I am not exaggerating, but without the support and help from xxx I would only give myself a 50/50 chance of even being alive to write this email. Xxx helped me get the proper support I needed for addiction issues and has helped me get support and help for my mental health issues which some days are nearly unbearable. Xxxx always answered my calls for advice whether it was petty situations that I needlessly stressed about or the serious situations where I was ready to give up on life.

4) In this section, please report on the following:

- Types of **unpaid work projects** carried out
- Example(s) that demonstrate(s) **how communities benefited** from unpaid work

(Bullet points will suffice. Max 300 words.)

- The Unpaid Work Service received **244** online referrals. These referrals were submitted by a wide range of organisations and individuals within our local communities.
- **Educational Gardening-** We have developed our community and educational gardening initiative through working in partnership with our communities and service users. Our projects support emerging needs identified within South Lanarkshire Council's strategies on Climate, Sustainability and Environment development. Each project is trauma informed and focus on the health and wellbeing of everyone in our service and community. Examples to date have included growing vegetables within the UPW garden and cooking them within the Kitchen Learning Hub. This has supported service users to learning concepts related to healthy and cost effective meal planning. We contribute to the South Lanarkshire Good Food Strategy 2020-2025 objectives, in particular good food at home and in the community and good food growing.
- **Whole Systems Approach** - This commissioned service from Action for Children provide a holistic approach to unpaid work. The service offers a variety of opportunities for young people aged 16 to 26 years to complete their allocated community hours in a nurturing environment which provides a safe learning space. Over the last 12 months 64 young people have been placed with AFC to undertake a variety of placements including Construction, horticulture, bike workshop and catering work. A particular highlight the partnership work with Burnhill Action Group and South Lanarkshire Community Development Team. Our young people developed their landscaping skills to design and construct a polytunnel and soft play area for children and young people. This project has received significant praise from the community and our elected members.
- **Wood Workshop** – We have developed our evening placements to support service users with daytime employment. Where possible the Wood Workshop uses reclaimed wood which enables the service to build items within our workshop which are then donated to local charities, groups or schools/nurseries.
- **Auchentibber Knitting Group** – Focusing on our women service users primarily, attendees receive support in relation to their individual needs whilst learning new skills. Baby hats, blankets and other knitted items are donated to local nurseries and hospitals.

5) Summary of feedback, may include quotes, from people subject to CPOs about the **impact on them of an Unpaid Work Requirement**. (Bullet points will suffice. Max 300 words.)

- Feedback from service users is actively sought throughout their time at Unpaid Work. Regular order progress reviews are a positive means to agree achievable actions plan to enable a service user to complete their Unpaid Work hours whilst addressing pertinent issues which may impact on their current circumstances.
- Service users are also asked to complete an exit questionnaire which provides feedback in relation to their time at Unpaid Work and their thoughts

and views on the development and delivery of the service. In October 2023 we undertook our annual feedback session with service users using survey monkey to ask a range of questions relating to service provision and user experience. Feedback received from service users is generally positive and highlights the support and opportunities they received whilst attending unpaid work in relation to their CPO and addressing issues relating to their health, housing, relationships, lifestyle, and substance misuse.

- Below are feedback extracts from service user's when asked how they found Unpaid Work.
 - "Thanks to all workers. I benefited from attending UPW as it has given me social interaction and has been as a positive experience. "
 - "Glad to be finished my hours but will miss my placement with AFC. Couldn't ask for a better supervisor..."
 - "A great placement and a good positive environment to complete unpaid work."
 - "It has been hard to manage my personal life and unpaid work and that it has definitely been a deterrent for me."
 - "Very rewarding as giving back to the community."
- Below are feedback extracts from service user's when asked what motivates them to attend Unpaid Work.
 - "Working in the kitchens and providing bread and rolls to the homeless."
 - "The threat of a custodial sentence is more than enough motivation for me then I would not be in the position to provide for my family."
 - "To learn more skills and put something back into the community."

6) What are the main types of '**Other Activity**' carried out as part of an Unpaid Work Requirement? You may want to comment on the impact of completing Other Activities, for individuals or for the community. (Bullet points will suffice. Max 300 words.)

- Other activity opportunities continue to develop to meet the needs of our service users to address pertinent issues relating to their current circumstances whilst reducing the risks associated with their behaviour. The variety of other activity available to our service users is possible due to our partnership work with a variety of agencies.
- **Keep Well Clinic** - Health and wellbeing support is provided by community practice nurses who offer a cardiovascular risk assessment health check with supportive information and interventions to reduce the risk of heart disease, diabetes, and stroke by identifying people at risk of developing these conditions. The opportunity to discuss any other physical and mental health concerns. Other issues discussed include the transmission of blood borne viruses with the opportunity to have confidential testing the results of which are provided in partnership with NHSL Harm Reduction Team.
- **Kitchen Learning Hub (KLH)** – is facilitated by Lanarkshire Community Food and Health Partnership. The KLH is a service delivered 4 days per week by a nutritionist within our kitchen facility at Auchentibber. The KLH has provided our service users with the opportunity to develop their skills and knowledge in relation to food, nutrition, budgeting, health, hygiene and well-being and undertake REHIS courses.
- **CSCS Card** - Partnership work with The Wise Group to support service users to gain their CSCS Certificate to increase their employability opportunities within construction.

- **Open University Courses** – a variety of OU courses are available to our service users which focus on problem solving, mental health and emotional management. Feedback sessions are undertaken at the end of each course to explore learning outcomes.
- **Wellbeing Days** – Quarterly Wellbeing Sessions have been offered in partnership with Employability, NHS and SLC Leisure and Culture. These sessions focused on topics including mental health, emotional wellbeing, physical health, goal setting, financial hardship, relaxation and outdoor activities.

7) Summary of feedback, may include quotes, from beneficiaries **about the impact of Unpaid Work on the community**. (Bullet points will suffice. Max 300 words.)

- Feedback from beneficiaries has been very positive and highlights both the high standards of work ethic that are produced from the work undertaken as well as the quality of work undertaken by our staff and service users alike. On the completion of each job referral a feedback email is sent to the referrer which enables the service to collate and share feedback with staff and service users.
- Below are feedback extracts from beneficiaries.
 - “Excellent news and thank you to everyone involved. I’m sure the park visitors will be equally impressed.” (Feedback following the installation of 2 picnic benches)
 - “We have again been awarded the green flag which I believe was only secured by another 3 parks in Lanarkshire. I don’t think we would have achieved this merit if it wasn’t for the assistance of your service. Your supervisors are a great team to work with and no job too big, are enthusiastic and very diligent.”
 - “Just a wee e mail to thank you and your team for all their hard work in Kirkton Court and Needle Green. The Tenants are all delighted with the work carried out and with the work in some of their gardens. They said it has uplifted them.”
 - “I just wanted to thank you for taking on my garden. The guys that were out at the weekend worked really hard to get it into a tidy manageable place I can now enjoy and continue to improve. They made a massive difference to my garden. I would be grateful if you can pass on my thanks to those involved, they were a credit to your service” – SLC Resident
 - Thanks sincerely for sorting out my flat, its needed painting for years and I haven’t been fit enough to do it and I always hated when company appears. I don’t have to worry now.” – SLC Resident
 - “The work the service users have done in the garden and greenhouse area at Calderglen is nothing short of amazing. They have completely transformed what was an overgrown dumping ground into a fantastic community space”.

8) What **organisational challenges** have there been in completing orders effectively this year, both those with Unpaid Work and those with Supervision Requirements? (Bullet points will suffice. Max 300 words.)

- **Recruitment-** There have been challenges throughout this year in relation to staff recruitment both within our locality teams as well as UPW service. Concerted efforts have been made to support the workforce to continue to offer high quality services while managing vacancies. To address the longer term capacity needs South Lanarkshire Social Work Resources are embarking on a service re-design. This will create senior practitioner opportunities across the services that will allow experienced qualified social workers the opportunity to develop their skills and careers.
- **Section 27 Grant Funding** - There have been ongoing challenges in terms of the flat cash section 27 funding settlement. An example of this is the Caledonian System which is underfunded placing challenges on being able to deliver the group work programmes. CPO numbers in South Lanarkshire are increasing past pre-pandemic levels with no additional funding. In addition to this we have several contracts in place with third sector organisations that we are unable to commit further than year on year commitment due to the limitations of our funding. An example of this would be within the Caledonian System women and girls' service. Due to being unable to secure 3–5-year contracts with our service providers it has meant that they are unable to attract and retain suitably qualified staff to support vulnerable service users. This has resulted at times with gaps in service provision and limitations on the ability to maintain safety planning.
- **LSCMI system-** Due to the national restriction on the use of LSCMI this has caused daily operational challenges in terms of risk assessment and case management planning. At March 2023 services continue to use paper copies of the assessment with no return to electronic system use.
- **Court backlog-** Administrative processes linked particularly with breach of orders, applications to vary and court reviews have to some extent been delayed and prolonged because of the ongoing challenges faced by Scottish Courts and Tribunal Service. This has an impact on people completing their orders timeously and effectively.

9) In this section, please outline how you have worked with other statutory and non-statutory partners to deliver any of the other CPO requirements or similar (Bullet points will suffice. Max 300 words)

- South Lanarkshire Justice Services have worked in partnership with a range of statutory and non-statutory partners to deliver a range of CPO requirements. This includes work alongside partners such as G4S in relation to the management of Restricted Movement Requirement's (RMR's).
- The use of conduct requirements in our area are also occasionally used to provide additional elements of support within an agreed action plan. This can include contact with NHS partners; particularly in relation to accessing supports linked with alcohol and/or drug use dependence issues and where mental health related needs have been identified that require a level of treatment. Examples of conduct requirements have included directing people's engagement with health services such as psychiatry and psychology.
- Conduct requirements have also been utilised to direct engagement with alcohol and/or drug recovery services. This has enabled positive joint working arrangements with our Community Addiction Recovery Services (CAREs), coupled with our wide range of Alcohol and Drug Partnership's (ADP's) third sector commissioned services, who have become often integral parts of the agreed action plan for many in our area where drug or alcohol use has been a contributory factor linked to offending.

- Examples of other positive joint working arrangements include the current arrangements with Women's Aid and Circle, who are part of our Caledonian Systems Delivery team locally. This team support the delivery of the programme requirements for a number of men convicted of offences that are domestic in nature. Women's Aid and Circle support associated women and children, who have been negatively affected by the domestic abuse.
- In relation to supporting 16–26 year old service users, Includem, Action for Children and Who Cares Scotland as well as a host of other services have been actively involved in working alongside the teams who support young people in conflict with the law.

10) Outline the **main barriers, if any, to accessing community support and wider services** (e.g. drug and alcohol services, mental health services). How have these barriers been addressed?

South Lanarkshire Justice Services have been fortunate in their working relationships with their Alcohol and Drug Partnership commissioned services. Significant work has been undertaken to strengthen knowledge, understanding and referral pathways. These include Equal Say (independent advocacy), Givit (recovery support for 16-26 year olds) Turning Point and the Beacons (recovery community enterprise).

A Justice services recovery-oriented development day is planned for April 2023 in partnership with our ADP and statutory addictions services to continue to consolidate our early intervention and public health approach to substance use.

Justice services led on the ADP Public Health approach to Justice workstream within the 2020-23 ADP strategy. This has supported the development of our peer mentor initiative, previously funded by Corra, and now embedded permanently with the justice social work locality teams. Through utilising a trauma informed and lived experience lens of support our social work assistants can connect those at risk of drug related deaths and near fatal overdoses into services and treatment sooner. The service was formally evaluated by Iconic consultancy in March 2023. It concluded that the service has delivered significant benefits for service users and the Justice Social Work which, in our view, provides proof of concept for a peer delivered intervention, based in Social Work services, for people with problematic substance use who are transitioning from the justice system.

Justice social work continue to support the implementation of the MAT standards in South Lanarkshire, with a particular focus on standard 3 ***All people at high risk of drug-related harm are proactively identified and offered support to commence or continue MAT.***

An example of this has been through Justice court social work staff jointly working with the ADP commissioned Aye Project (SACRO). People subject to Arrest Referral, diversion from prosecution and bail supervision have the opportunity to work with outreach workers to develop key welfare and recovery links in the community. This includes supporting people with MAT appointments, GP contact and wider recovery community links. Justice Social work staff case manage and refer appropriate diversion and bail supervision cases to Aye staff supporting people entering further into the justice system or who are at risk of custody.

11) Is there **any other relevant information** you wish to highlight? For example, this may include:

- Areas for improvement and planned next steps
 - New ways of working and benefits achieved from these.
 - Examples of work carried out in collaboration with community justice partners and wider community partners, including the third sector, to deliver CPOs
- (Bullet points will suffice. Max 300 words).

- Justice Social Work made an application to the Corra Improvement fund in November 2022. This is to support a dedicated 24-month test of change Alcohol and Drug Problem Solving Court.
- We believe the South Lanarkshire Alcohol and Drug Problem Solving Court (SLADPSC) could have a potential to change the direction of national standards set for the delivery of CPOs across Scotland. Through taking a public health approach and inclusion of service user's and families perspective we have an opportunity to change the mind-set of broader workforce/communities and making informed changes to how we support those in conflict with the law. Our long-term aim is to exit people out of the justice system where offending relates to substance use and reduce the number of people coming into contact with justice services.
- It is envisaged this Hamilton Sheriff court will operate fortnightly with dedicated Sheriffs who will consider those that meet the following criteria.
 - Between 21-55 years old
 - Have a drug use dependency or regular use that contributes to offending (this can include alcohol but not solely)
 - Motivated to engage with a structured deferred sentence for between 6-9 months and undertake an appropriate treatment plan (may or may not be medically assisted).
- Sheriffs will be able to request a Justice Social Work Report which will identify an appropriate treatment and support plan. Once accepted into the SLADPSC, participants will receive support from their JSW and CAREs (Community Addictions and Recovery Service statutory substance use treatment services for SL) nursing staff commensurate with their needs.
- JSW will provide a welfare approach which will include housing, health and offending behaviour supports. CAREs nursing staff will participate in the delivery of on-going assessments, care planning, treatment and support of people with alcohol and drug issues to promote health, independence and recovery. Integration into recovery communities will be facilitated by commissioned peer mentors who will also work in collaboration with the recovery-oriented services with lived experience such as Beacons, Liber8, Turning Point (TPS), The GIVIT and My Support Day.
- We were notified our application outcome had been successful in May 2023.

COMPLETED BY: Gillian Booth Children and Justice Service Manager South Lanarkshire Council

DATE: 16/10/23

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