

# Report

Report to:	<b>Roads Safety Forum</b>
Date of Meeting:	<b>30 October 2019</b>
Report by:	<b>Executive Director (Community and Enterprise Resources)</b>

Subject:	<b>Bikeability Scotland Cycle Training</b>
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## 1. Purpose of Report

1.1. The purpose of the report is to:-

- ◆ advise the Forum of the Bikeability Scotland Scheme within South Lanarkshire schools for the previous completed academic year

## 2. Recommendation(s)

2.1. The Forum is asked to approve the following recommendation(s):-

- (1) that the contents of the report are noted.

## 3. Background

- 3.1. Bikeability Scotland is the name for multi level Cycle Training in Scotland, designed to give the next generation the skills and confidence to ride their bikes safely on today's roads.
- 3.2. The three levels of Bikeability Scotland form part of the Scottish Government's Cycle Action Plan for Scotland (CAPS) and align to the National Standard for Cycle Training developed on behalf of the Department for Transport. Cycling Scotland has responsibility for the administration and development of this programme nationally.
- 3.3. The following Bikeability Scotland levels are coordinated and supported by the council's Traffic and Transportation Section.

Bikeability Scotland Level 1 - Teaching children the basic skills of riding a bike such as balance, control and making turns. This is offered to children in Primary 5 and takes place in the playground.

Children who have participated in Level 1 should be able to:-

- ◆ get on their bike, start cycling, then stop and get off
- ◆ ride their bike using the brakes and gears
- ◆ control the speed of their bike properly
- ◆ make their bike go where they want it to, including moving around objects safely
- ◆ stop quickly if they need to
- ◆ look all around them when riding, including behind, without wobbling
- ◆ give their bike a simple check to ensure it is road-worthy

Bikeability Scotland Level 2 - Teaching children how to ride a bike safely on the road and navigate basic junctions. It is usually delivered to children in Primary 6 and is designed to be delivered on a quiet risk assessed road after basic skills have been taught in the playground.

Children who have participated in Level 2 should be able to:-

- ◆ start and finish a journey by road, including passing parked cars
- ◆ be aware of everything around them and signal their intentions to other road users
- ◆ position themselves properly on the road and pass side roads
- ◆ use junctions including left and right turns into major and minor roads
- ◆ use the Highway Code and understand their responsibilities as road users

#### **4. Instructor Training**

- 4.1. All primary schools were invited to participate within Bikeability Scotland Level 1 and Level 2 training during the academic term 2018/2019.
- 4.2. To support the programmes, the certified one day 'Cycle Training Assistant' training course was offered to all new or existing school trainers/ volunteers looking to update their skills and knowledge to National Standards for cycle training and Bikeability Scotland Level 1 and Level 2 programmes.
- 4.3. This course has SCQF (Scottish Credit and Qualifications Framework) accreditation to Level 5 by SQA (Scottish Qualifications Authority). Two Traffic and Transportation Officers are approved by Cycling Scotland as certified training providers.
- 4.4. 4 'Cycle Training Assistant' courses were successfully delivered by Traffic and Transportation Officers. These courses are highly practical, with candidates demonstrating, teaching and participating within Level 1 and Level 2 activities. They also cover subjects such as risk assessment, bicycle safety checks and the importance of cycle helmets.
- 4.5. This training has increased local capacity to deliver the Bikeability Scotland Level 1 and Level 2 programmes by competent and certified trainers, including the 'on-road' element of Level 2. Exposure to the real life road setting is viewed positively by trainers and this will continue to be promoted.
- 4.6. 30 candidates were certified as Cycle Training Assistants after successful completion of a 'Cycle Training Assistant' course.

#### **5. Programme Results**

- 5.1. Results from the academic term 2018/2019 are as follows:-

- ◆ 995 pupils from 41 schools completed the Level 1 course
- ◆ 1262 pupils from 52 schools were subject to assessment at Level 2. This included 1096 pupils from 46 schools completing Bikeability Scotland Level 2 to National Standards by having an element of "on-road" training
- ◆ 8 schools who participate biannually at Level 2 'on-road' had this academic year as their year off. These schools have been included within the 2018/2019 participation figures detailed within the below table
- ◆ 27 schools delivered multi-level training i.e. both Level 1 and Level 2

Participation figures are summarised in the tables below for the last four academic years.

	<b>No. of schools 2015/2016 *</b>	<b>No. of schools 2016/2017 *</b>	<b>No. of schools 2017/2018 *</b>	<b>No. of schools 2018/2019 *</b>
<b>Level 1</b>	48	42	46	41
<b>Level 2 Playground</b>	13	6	8	6
<b>Level 2 'on-road'</b>	35	46	49	54

*\* Includes schools which deliver biannually*

	<b>No. of pupils 2015/2016</b>	<b>No. of pupils 2016/2017</b>	<b>No. of pupils 2017/2018</b>	<b>No. of pupils 2 2018/2019</b>
<b>Level 1</b>	801	1026	1115	995
<b>Level 2 Playground</b>	223	148	157	166
<b>Level 2 'on-road'</b>	716	876	942	1096
<b>Total No. of Pupils</b>	1740*	2050*	2214*	2257*

*\*An element of duplication may be present where pupils have undertaken both levels during the same academic year.*

## **6. Pupil Assessment Procedures**

- 6.1. Bikeability Scotland is offered to schools on a continuous assessment basis. This entails the teacher/trainer assessing pupils throughout training or during a final training session. Competence is graded against each learning outcome.
- 6.2. Several learning outcomes are specified for each level of training. Each learning outcome is rated by pupil competence in a traffic light system of red (developing), amber (consolidating) and green (secure) which mirrors the terminology and assessment framework within Curriculum for Excellence.

## **7. Future Developments**

- 7.1. Bikeability Scotland Level 1 and Level 2 programmes will be offered to each primary school on an annual basis. The 'Cycle Training Assistant' course, for school staff and community volunteers who wish to deliver to National Standards Level 1 and/or 2, will be made available in tandem.

- 7.2. Cycling Scotland have developed a Bikeability Communications Strategy which will see messaging, particularly via social media, targeted to schools, parents and communities to generate increased participation in Bikeability Scotland Cycle training.
- 7.3. Preparatory work and investigations are underway by Cycling Scotland to establish a Greater Glasgow regional Bikeability group whereby resources, experience and skills may be shared across the regional group.
- 7.4. A fleet of bikes and related equipment has been procured and funded by Cycling Scotland on behalf of South Lanarkshire Council. This will be provided, stored, insured and maintained by Happy n Healthy Community Development Trust (Bike Town Project) for a one year period and be made available to schools, particularly in Cambuslang and Rutherglen, as required. Further opportunities to have a similar provision within Clydesdale is being investigated.

## **8. Employee Implications**

- 8.1. Grant funding has been provided to establish a part-time temporary post within South Lanarkshire to continue Bikeability Scotland cycle training progress within schools. This will be a one year fixed term contract and we expect the new officer will commence their post in November 2019.

## **9. Financial Implications**

- 9.1. Printed training materials are provided free of charge by Cycling Scotland.
- 9.2. A grant of £2,625 was awarded from Cycling Scotland's 'Bikeability Scotland Support Plus Fund' for 2018/2019 to meet the cost of 'Cycle Training Assistant' courses, cycle helmets, road warning signs, bicycles, helmets and sundry items. A further £19,000 was awarded to facilitate the establishment of the part-time Bikeability Coordinator post as detailed above. This has been carried through to academic year 2019/2020.
- 9.3. A grant of £7,000 from Cycling Scotland's 'Bikeability Scotland Support Plus Fund' has been granted to facilitate the continuation of this work during academic term 2019/2020.

## **10. Other Implications**

- 10.1. There are no risk or sustainability implications in terms of the information contained in this report.

## **11. Equality Impact Assessment and Consultation Arrangements**

- 11.1. This report does not introduce a new policy, function or strategy or recommend a change to an existing policy, function or strategy and therefore, no impact assessment is required.

**Michael McGlynn**  
**Executive Director (Community and Enterprise Resources)**

3 October 2019

**Link(s) to Council Values/Ambitions/Objectives**

- ◆ Making communities safer, stronger and sustainable
- ◆ Improve the road network, influence improvements in public transport and encourage active travel

**Previous References**

- ◆ None.

**List of Background Papers**

- ◆ None.

**Contact for Further Information**

If you would like to inspect the background papers or want further information, please contact: - Colin Smith, Engineering Officer

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