

Report

Report to:	Community Resources Committee
Date of Meeting:	16 June 2009
Report by:	Executive Director (Community Resources)

Subject:	Healthy Living Award
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1. Purpose of Report

1.1. The purpose of the report is to:-

- ◆ advise Committee of the recent achievement of a number of the Council's cultural venues in obtaining the Healthy Living Award.

2. Recommendation(s)

2.1. The Committee is asked to approve the following recommendation(s):-

- (1) that the catering operations in the following venues recently granted a Healthy Living Award be noted.
- ◆ Chatelherault Country Park
 - ◆ Calderglen Country Park
 - ◆ Low Parks Museum
 - ◆ Rutherglen Town Hall

3. Background

- 3.1. Following on from the successful implementation of healthy eating in schools across the authority, Facilities and Cultural Services have been keen to extend this through to all sectors of the Community and to actively promote healthy eating options in all of its catering facilities.
- 3.2. The Healthy Living Awards is a national scheme and is open to both the public and the private sector catering businesses. To achieve the award catering establishments must be able to demonstrate that they use healthy cooking practices through the use of fresh and low fat ingredients and in a minimum of 50% of their menu. The catering staff must also be trained to give advice to customers and to encourage the uptake of healthy menu choices. The menus, serving areas and food options must also be clearly advertised to make it easy for customers to select the healthy menu choices.
- 3.3. In working towards achieving the awards, the Council venues have developed their menus and introduced new cooking methods. All staff within the establishments were involved in putting forward suggestions and developing any new processes.

4. Obtaining the Award

- 4.1. To obtain the Healthy Living Award a detailed assessment is made of the venue by an inspector from Consumer Focus Scotland. The inspector reviews the menu options, engages with staff and tastes a variety of the food on offer. Successful applicants are then eligible to use the Healthy Living logo on their premises, display

the Healthy Living charter and to use the brand throughout their promotional materials and to identify those items on the menu which are the healthier choices.

- 4.2. The award lasts for a period of 2 years during which time the applicants will be subject to ongoing monitoring and potential mystery visits from inspectors to ensure compliance with the awards.

5. Employee Implications

- 5.1. There are no employee issues relative to the report.

6. Financial Implications

- 6.1. There are no financial implications relative to the report.

7. Equality Impact Assessment and Consultation Arrangements

- 7.1. Consultation arrangements are in place within each of the catering venues, use is being made of exit surveys and customer comment cards.
- 7.2. This report does not introduce a new policy, function or strategy or recommend a change to an existing policy, function or strategy and therefore no impact assessment is required.

Norrie Anderson
Executive Director (Community Resources)

21 May 2009

Link(s) to Council Objectives and Values

- ♦ Improving health and increase physical activity.

Previous References

None

List of Background Papers

None

Contact for Further Information

If you would like to inspect the background papers or want further information, please contact:-

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